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Jen's Skin Care Blog

By **Jen Adkins**, About.com Guide to Skin Care

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N1H1 Flu and Hand Sanitizer

Wednesday April 29, 2009

It's apparent that [face masks and hand sanitizers are a hot commodity](#) right now with the N1H1 Flu, more commonly known as Swine Flu.

I know people are saying not to freak out just yet, but as a mom, I just can't help it. Typically I just bury my head in the sand and ignore things like this, so I'm going to give that another try and see how long it works.

So I'm wondering about you; are you stocking up on hand sanitizer? Do you find yourself using it more now that you did just a few weeks ago? What's the verdict in your household?

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(1) Kerry says: April 29, 2009 at 8:52 pm

I vacillate between thinking this is another pseudo disaster and we are all going to get it. Reality probably lies somewhere in between.

(2) skincare says: April 29, 2009 at 9:09 pm

Me too, Kerry. It doesn't take much to make me afraid of things like this.

(3) Sukhmandir Kaur says: April 29, 2009 at 11:30 pm

We have a new born in the house, my daughter used HS twice when we went out with her baby today. Apparently there have been cases just a few blocks from where she lives.

(4) Beth says: April 30, 2009 at 11:02 am

I've worked direct care for so long with the developmentally disabled that I wash my hands practically every time I go past a sink, anyway. It's become ingrained.

BTW... Actual washing does better than using the hand sanitizer alone.

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