

# Glam Slam: Bag Week — Diaper Bag Essentials

Tags: Pregnancies, Parenthood, Style, Glam Slam

PRINT

FIRST PUBLISHED: August 28, 2009 12:06 PM EDT  
LAST UPDATED: August 28, 2009 1:31 PM EDT

By Ryan Patterson

LOS ANGELES, Calif. -- The latest "It Bag" for me these days isn't from Chanel or Louis Vuitton or Prada. It's my diaper bag and here are my fave essentials for today's Friday Five.

## 1. DIAPER DUTY

First things first- the diapers! If you are going the eco-friendly route, check out Smartipants, which bills itself as "the world's smartest, one-size-fits-all reusable diaper." Recently introduced to Gwen Stefani, Halle Berry and Minnie Driver, these cloth diapers are free from chemicals or irritants and give moms an alternative to disposable diapers. [www.smartipants.com](http://www.smartipants.com)

## 2. CLEAN UP GEAR

Baby wipes are a must. Baby Silk Gentle All-Over Cleansing Towelettes, which are loaded with vitamins and organic aloe, are certified hypoallergenic and free of mineral oil, lanolin and petroleum. Good for baby's sensitive skin...on both cheeks! [www.whatshebuys.com](http://www.whatshebuys.com) Also make sure you have plenty of burp cloths. You will go through them like there's no tomorrow.

## 3. WRAP STAR

Make sure you have at least one blanket. For a lightweight, breathable swaddling blanket, it's gotta be Aden + Anais, which makes the top selling baby blanket on Amazon. And with good reason! These 100% cotton muslin blankets have so many uses- they can double as a stroller cover, nursing cover, diaper changing pad, or burp cloth. Jennifer Garner, Matthew McConaughey, Naomi Watts and Adam Sandler are just a few of the stars who have these hip blankets, which are printed with everything from zebras to goldfish. [www.adenandanais.com](http://www.adenandanais.com) (the company has also introduced great sleeping bags and towels too!)

I also carry a heavier blanket when the weather gets cooler. Cozy Faux faux fur blankets (Cindy Crawford, Sharon Stone and Angie Harmon are fans) are chic and yes, just like the name says, very cozy- perfect for chilly temperatures! [www.cozyfaux.com](http://www.cozyfaux.com)

## 4. SPARE OUTFIT

You wouldn't drive your car without a spare tire and I don't leave home without an extra outfit- you never know when disaster will strike! Angelina, Jessica Alba and Halle Berry are all fans of Kicky Pants- a line of cute, comfy outfits, separates, PJ's hats and blankets made with organically certified bamboo fabric. [www.innovative-baby.com](http://www.innovative-baby.com)

## 5. HAND SANITIZER

I've become a germaphobe since having a baby...it's good to always be prepared! Fraix Hand Sanitizer Les Huit kills 99.9% of germs, but it's made with only natural, non-toxic ingredients including ginger, tangerine, lemon myrtle, and basil. Hollywood moms Kelly Ripa and Jennie Garth love this naturally moisturizing eco- friendly sanitizer, which is recyclable, cruelty free and vegan. [www.fraislux.com](http://www.fraislux.com)

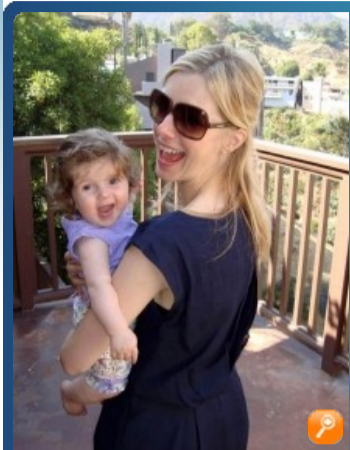
## ADORABLE EXTRA

Not necessary an essential, but totally cute anyway are Bumble Bells..anklets for your little one that jingle! Bumble Bells have been described as the "original baby tracking device." Clever! Gwen Stefani's baby Zuma rocks 'em! [www.bumblebells.com](http://www.bumblebells.com)

Copyright 2009 by **NBC Universal, Inc.** All rights reserved.  
This material may not be published, broadcast, rewritten or redistributed.

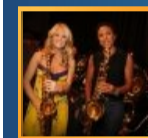
Keep your Access to everything in Hollywood! Breaking news and personal commentary from Nancy, Billy, Tony, Shaun, Maria & all of our producers! Follow us on [Facebook](#) and [Twitter](#) now!

PRINT



1/1  
Access Hollywood  
Ryan Patterson and her 7-month-old daughter Harlow

## hottest galleries



### The Latest Star Sightings

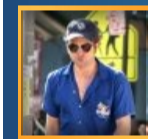
Access the day's hottest photos!



### Isn't It Bromantic? Hollywood's Top 10 Bromances!

Find out which Hollywood bros will be friends 'til the

end...

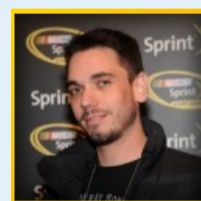


### Brad! Demi! Robert! Paris! Hot Shots Of The Stars In Shades

Check out the stars as they step out across the world in their favorite pair of sunglasses!

more galleries ▶

## more headlines



DJ AM arrives to the Sprint Champion's Celebration at Marquee in New York

## related headlines

Report: DJ AM Found Dead In NYC

Kelly Preston Not Ready To Speak About Son's Death, Pulls Out Of Conference Appearances

Coroner: Michael Jackson's Death Officially A Homicide; Died Of 'Acute Propofol Intoxication'

Matt Damon To Be Honored For His Contributions To Film

'Dancing With The Stars' Cast Photos Revealed

## related videos



### Nicole Richie Shows Off Her Maternity Clothing Line (August 6, 2009)

Access' Maria Menounos sits down with a pregnant Nicole Richie at the launch party for her new maternity line for Pea in the Pod and gets a first look at

## related galleries



### Hollywood's Hottest Moms & Their Loveable Little Ones

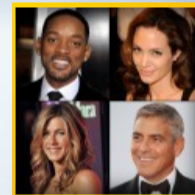
Check out some of Hollywood's star mamas...

more galleries ▶

## What Do You Think?

Which star not on Twitter would you most like to see start Tweeting?

- Jennifer Aniston
- George Clooney
- Tina Fey
- Angelina Jolie
- Brad Pitt
- Will Smith



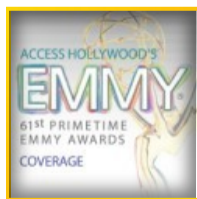
VOTE

## Also Check Out:



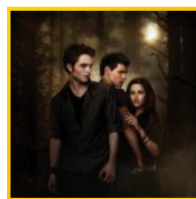
### Comic-Con 2009

All the latest pics and videos as fans and stars hit San Diego to geek out!



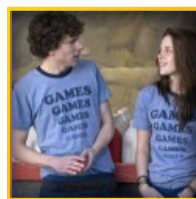
### All Access: 2009 Emmys

All of the nominees for TV's biggest night!



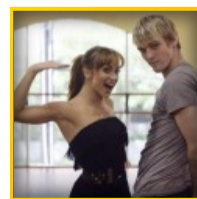
### 'Twilight Saga' Headquarters!

Think you know everything about 'Twilight'? Try Access' new 'Twilight' video quiz!



### Win DVDs!

Enter here for your free chance to win "Adventureland" and "Duplicity" on DVD!



### 'Dancing With The Stars'

Access uncovers which stars are paired with the "DWTS" pros!



### 2009 / 10 TV Season: New Shows Preview

Access has your first look at the upcoming TV season's pilot pickups!



### 'American Idol'

Queen Latifah talks about the idea of being a guest judge on "Idol."