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Daily Greenz

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Polls

In your opinion, sorting your trash is:

- An everyday habit
- Too burdensome
- A responsibility to future generations
- Useless, it all ends up in the same place anyway

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Tuesday, May 5, 2009
Stop Germs on the Go



If all the **swine flu** news has you reaching for a bottle of **Purell**, you might want to hear this before your next quick hand cleanse. The **Environmental Working Group's Cosmetic Database** give traditional hand sanitizers a **high hazard rating**. They're filled with the usual mix of **hormone disruptors**, potential **carcinogens** and the like including **parabens**, PEGs, **phthalates**, **triclosan** and synthetic fragrances. Not to mention the fact that the use of antibacterial chemicals aren't even necessary to ward off germs—plain old **hand soap** will do the trick. But if you can't get to a sink to clean up with soap and water, on-the-go sanitizing options are a good bet. Just be sure to choose eco-friendly hand sanitizers rather than chemical versions. Here our favorite germ fighting **eco products**:

Burt's Bees Aloe & Witch Hazel Sanitizing Spray: While this easy-to-use spray formula kills 99.9% of germs with alcohol, it does counteract the drying process with moisturizing aloe and soothing witch hazel.

EO Sanitizing Hand Wipes: Whether you want to disinfect your hands, your kids' hands, the steering wheel or your shopping cart, these **biodegradable** wipes make it super simple. The job gets done thanks to non-**GMO organic alcohol** and **organic lavender essential oil** gives them a nice scent.


Frais Pocket Hand Sanitizer: A blend of eight **essential oils** give this hand sanitizing gel it's germ fighting power including lemon myrtle, basil and grapefruit, which boast anti-infectious, antifungal, antibacterial and antiseptic properties.



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 Julie @ 10:13 am on Tuesday, May 5th, 2009

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1 Comment »

1.  Thanks for the product suggestions Greenzer! I have only tried one natural hand sanitizer, but I do love it! It's CleanWell and they sell it at Target. I did [a review of it recently if you're interested](#). Great post!
Comment by Beth — Wednesday, May 6, 2009 @ 7:10 pm

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Helping you find the right products for you and the environment.



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