

# Macaroni Kid



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## Happy Fourth of July!

Welcome to a very special Independence Day edition of Macaroni Kid! Whether you're headed out of town for the long weekend or staying local and catching the Macy's Fireworks Spectacular on the Hudson, Macaroni Kid's got you covered with places to go, things to pack and treats to enjoy! So grab a sparkler and have some fun! Have a great week!  
Best,  
Monica

## Macaroni Handy Dandy

*Packin' Smart by Innobaby*



It's a fact of life that traveling with kids, whether around town or far afield, inevitably involves the lugging of a great deal of stuff. Whether it's formula, snacks, hair clips or army men, your child's necessities often end up scattered about your diaper bag, car or pockets. If you're looking for a way to contain the

chaos, look no further than the Packin' Smart from Innobaby. This innovative storage system consists of a tiered series of compartments that attach via a funnel-shaped inner lid. Each compartment can contain a portion of food, a full portion of powdered formula (which is a snap to dispense via the funnel-shaped opening), a set of hair clips, a pacifier - you get the idea. You can add on as few or as many tiers as you need, and can even use the individual compartments as serving bowls. Genius! The Packin' Smart comes in 3 styles, which vary in shape, container capacity and use. All versions are dishwasher safe and BPA-free. I've found the Pack-n-Seal version to be the most useful, as it has the greatest capacity and is also both microwave and freezer safe. You can check out the entire line of Packin' Smart products at [www.packinsmart.com](http://www.packinsmart.com).

## Macaroni Munchies

*Sensible Foods Crunch Dried Fruit and Vegetable Snacks*



Fourth of July barbecues present a delicious opportunity to sink your teeth into ribs, burgers, hot dogs, potato salad, cookies and a seemingly endless array of other sinful delights. Needless

to say, your Independence Day indulgence may cause you and your kids to feel a little less light on your feet come Sunday morning. But what to do when the urge to snack kicks in and there's nary an apple cobbler in sight? Fear not, as Sensible

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Foods' Crunch Dried Fruit and Vegetable Snacks provide a tasty and healthy way to satisfy your urge to munch. These 100% natural snacks are free of fat, gluten and GMO and come in a variety of flavors, including Tropical Blend, Orchard Blend, 100% Organic Supersweet Corn, 100% Organic Apple Harvest, 100% Organic Cherry Berry and 100% Organic Crunch Dried Roasted Soy Nuts. Conveniently packaged in individual pouches, these dried fruits and veggies are the perfect "snack attack" solution. Best of all, each bag contains the equivalent of half a cup of fresh fruit and satisfies one of your five daily requirements for fruits and vegetables! For more information, visit [www.sensible-snacks.com](http://www.sensible-snacks.com).

## Macaroni Healthy Kids

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### *Frais Hand Sanitizer*



Summer is a time for sun, fun and grubby paws. As the weather heats up, your kids likely will be spending more time outdoors, which means they'll be sticking their hands on swings, water faucets, sandboxes and plenty of other enticing yet germ-filled objects. Being a bit of a germaphobe myself, I'm never caught outside without some form of hand sanitizer, which has become all the more useful now that my

daughter Sadie is actively running around and grabbing anything within reach! If you want to be the fancy mommy or daddy on the playground (and who doesn't?), pick up a portable size of Frais Hand Sanitizer. Frais is comprised entirely of natural, non-toxic ingredients, including 66% high grade eco-friendly sugarcane alcohol and eight natural Australian-blended essential oils which combine to kill 99.9% of germs encountered in everyday life, including influenza, the common cold, MRSA staph, swine flu and general ickiness. I've found that Frais stands out from the other hand sanitizing products on the market not only in its effectiveness, but also in its sleek packaging, moisturizing properties, clean scent and non-alcohol feel. For more information, visit <http://www.frais.com.au/>.

## This Week's Picks:

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*July 3rd through July 9th*

### **Friday, July 3 - Baby Story Time at McNally Jackson Books**

Visit McNally Jackson Books for a special story time just for babies!

**Where:** McNally Jackson Books, 52 Prince Street between Lafayette & Mulberry

**When:** 4pm

**Who:** 0-24 months

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.mcnallyjackson.com](http://www.mcnallyjackson.com) or (212) 274-1160

### **Friday, July 3 - "Coraline"**

Adapted from the children's book by Neil Gaimin, this musical tale of menace and mayhem tells the story of poor, bored Coraline, who's left to rattle around her perpetually distracted workaholic parents' house all by her lonesome. Late one night, her dreams of a better reality come true as she opens a big, carved wooden door at the far end of the drawing room and passes into a perfect replica of her own world. When she's greeted there by a vastly loving Other Mother and a kindly Other Father, she's thrilled! But as the rats start to creep from the floorboards, and the way home becomes increasingly unclear, Coraline begins to suspect that, perhaps, all is not as perfect as it seems.

**Where:** Lucille Lortel Theatre, 121 Christopher Street

**When:** Show dates and times vary. Visit [www.mcctheater.org](http://www.mcctheater.org) for details.

**Who:** Ages 8 and up  
**How:** How: Purchase tickets online at [www.mcctheater.org](http://www.mcctheater.org) or via telephone at (212) 279-4200

**Cost of event:** Cost of event: \$65-\$95

#### **Saturday, July 4 - Storytelling at the Hans Christian Andersen Statue in Central Park**

Visit the Hans Christian Andersen statue in Central Park for a special story time that also features live music! This week's story will be "I Loved My Mother on Saturdays", as told by author Roz Bresnick-Perry.

**Where:** Hans Christian Andersen (Ugly Duckling) Statue in Central Park. Enter Park from 5th Avenue at 72nd Street.

**When:** 11am

**Who:** Ages 6 and up

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.hcastorycenter.org](http://www.hcastorycenter.org)

#### **Saturday, July 4 - Free Fun on the 4th at the Scholastic Store**

Celebrate the 4th of July with the Scholastic Store! Kids will learn about the Declaration of Independence and make their own American flags to take home.

**Where:** The Scholastic Store, 557 Broadway between Prince and Spring

**When:** 3pm

**Who:** Ages 4 and up

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.scholastic.com](http://www.scholastic.com) or (212) 343-6166

#### **Saturday, July 4 - American Ballet Theatre Kids Go Free!**

On the 4th of July, kids can attend the American Ballet Theatre's matinee performance of Ashton's "Sylvia" absolutely free with the purchase of an adult ticket! For each full-priced adult ticket purchased, a child age 4-17 may attend for free.

**Where:** Metropolitan Opera House, 64th Street and Broadway at Lincoln Center

**When:** 2pm

**Who:** Ages 4-17

**How:** Purchase tickets at the Met Box Office or via telephone at (212) 362-6000

**Cost of event:** Free w/purchase of adult ticket

**For more info:** [www.abt.org](http://www.abt.org) or (212) 362-6000

#### **Saturday, July 4 - 4th of July Kids Cruise and BBQ**

Celebrate the 4th with a cruise and barbecue aboard a replica of a historic riverboat sponsored by Friends of the Hudson River Park.

**Where:** Pier 40, West Side Highway at Houston Street

**When:** Boarding begins at 1:30pm. Cruise is from 2pm-4pm

**Who:** Everyone

**How:** Purchase tickets in advance by calling (212) 757-0981 x201

**Cost of event:** \$25 for adults, \$15 for kids under age 13

**For more info:** [www.fohrp.org](http://www.fohrp.org) or (212) 757-0981 x201

#### **Saturday, July 4 - Macy's 4th of July Fireworks Spectacular**

The greatest fireworks show on earth moves to the west side this year, with over 120,000 fireworks lighting up the New York City skyline.

**Where:** For the best views, head to 12th Ave. below 59th St. at the following access points along 11th Ave.: 24th St.; 26th-30th Sts.; 34th St.; 40th-44th Sts.; 47th-52nd Sts.; and 54th-57th Sts.

**When:** 9pm

**Who:** Everyone

**How:** Just show up!

**Cost of event:** Free

[For more info:](#)

<http://www1.macys.com/campaign/sitelets/fireworks/index.jsp>

### **Saturday, July 4 - Nathan's Famous 4th of July Hot Dog Eating Contest**

Bring the family to the legendary Nathan's Famous Hot Dog Eating Contest, during which fierce competitors will battle it out to see who can consume the most hot dogs in 12 minutes!

[Where:](#) Nathan's Famous, 1310 Surf Avenue at Stillwell Avenue, Coney Island, Brooklyn

[When:](#) 12pm

[Who:](#) Everyone

[How:](#) Just show up!

[Cost of event:](#) Free

[For more info:](#) [www.nathansfamous.com](http://www.nathansfamous.com) or (718) 946-2202

### **Sunday, July 5 - Swimming Pool Collage at the Children's Museum of the Arts**

Join the Children's Museum of the Arts for a collaborative project in which you'll design swimsuits for paper swimmers and add beach balls, inner tubes, rafts and towels.

[Where:](#) Children's Museum of the Arts, 182 Lafayette Street

[When:](#) 12pm-5pm

[Who:](#) Ages 4 and up

[How:](#) Just show up!

[Cost of event:](#) Free w/Museum admission

[For more info:](#) [www.cmany.org](http://www.cmany.org) or (212) 274-0986

### **Sunday, July 5 - Story Time at Books of Wonder**

Join legendary children's bookstore Books of Wonder for a good old-fashioned story time!

[Where:](#) Books of Wonder, 18 W. 18th Street

[When:](#) 12pm

[Who:](#) Kids up to age 7

[How:](#) Just show up!

[Cost of event:](#) Free

[For more info:](#) [www.booksof wonder.com](http://www.booksof wonder.com) or (212) 989-3270

### **Sunday, July 5 - Story Time at Barnes & Noble in Union Square**

Visit Barnes & Noble's Union Square location for a fun-filled story time.

[Where:](#) Barnes & Noble, 33 E. 17th Street (at the north side of Union Square between Broadway and Park)

[When:](#) 2:30pm

[Who:](#) Everyone

[How:](#) Just show up!

[Cost of event:](#) Free

[For more info:](#) [www.bn.com](http://www.bn.com) or (212) 253-0810

### **Sunday, July 5 - Urban Organics at the Museum of Arts & Design**

Organic shapes and materials like wood or clay make reference to our natural environment and are a thread that unites many of the works in the Museum of Arts and Design's collections and exhibitions. In this family workshop, participants will explore how artists have brought the outside in and will then create their own nature-based work.

[Where:](#) Museum of Arts & Design, 2 Columbus Circle at Broadway

[When:](#) 2pm-4pm

[Who:](#) Ages 6 and up

[How:](#) Just show up!

[Cost of event:](#) \$10 per person

[For more info:](#) [www.madmuseum.org](http://www.madmuseum.org) or (212) 299-7777

### **Sunday, July 5 - Summer Sundays Family Tour at the Guggenheim Museum**

The Guggenheim's family-oriented tour of "Frank Lloyd Wright: From Within Outward" incorporates age-appropriate conversations with hands-on activities to

illuminate some of the most intriguing architectural projects in the exhibition.

**Where:** Solomon R. Guggenheim Museum, 1071 Fifth Avenue at 89th Street

**When:** 10:30am-12pm

**Who:** Ages 5-10

**How:** Pre-registration required. Call (212) 423-3587 or email [familyprograms@guggenheim.org](mailto:familyprograms@guggenheim.org) to reserve your spot.

**Cost of event:** \$15 per family

**For more info:** [www.guggenheim.org](http://www.guggenheim.org) or (212) 423-3587

### **Sunday, July 5 - Hello, Met! Family Program at the Metropolitan Museum of Art**

Families new to the Metropolitan Museum of Art receive a warm and stimulating introduction to its encyclopedic collection through discussion and sketching of its masterpieces.

**Where:** Metropolitan Museum of Art, 1000 Fifth Avenue at 82nd Street

**When:** 11am-12pm

**Who:** Ages 5-12

**How:** Just show up!

**Cost of event:** Free w/Museum admission

**For more info:** [www.metmuseum.org](http://www.metmuseum.org) or (212) 535-7710

### **Monday, July 6 - Free Elahi Children's Yoga Class in St. Catherine's Park**

Join Elahi Children's Yoga for a free and fun-filled outdoor Story Time Yoga class for kids ages 0-4.

**Where:** St. Catherine's Park, First Avenue between 67th and 68th Streets

**When:** 9:30am-10:30am

**Who:** Ages 0-4

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.elahiyoga.com](http://www.elahiyoga.com)

### **Monday, July 6 - Reading Aloud at the Children's Center at 42nd Street**

Visit the NYPL's Children's Center at 42nd Street for a Reading Aloud program.

**Where:** Children's Center at 42nd Street Library, Fifth Avenue at 42nd Street, Room 84

**When:** 4pm

**Who:** Ages 3-5

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 621-0208

### **Monday, July 6 - Story Time at Housing Works Bookstore Cafe**

Head down to Soho and visit the Housing Works Bookstore Cafe for its weekly Monday morning story time. Participants will enjoy stories and songs in the children's book section.

**Where:** 126 Crosby Street

**When:** 11:30am

**Who:** Kids up to 3 years old and their parents/caregivers

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.housingworks.org](http://www.housingworks.org) or (212) 334-3324

### **Monday, July 6 - Reading Aloud at the Yorkville Library**

Visit the Yorkville Library for a Reading Aloud program.

**Where:** Yorkville Library, 222 E. 79th Street

**When:** 4pm

**Who:** Ages 3 and up

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 744-5824

### **Monday, July 6 - "Be Creative" Crafts Program at the 67th Street Library**

Visit the 67th Street Library for a "Be Creative" crafts program.

**Where:** 67th Street Library, 328 E. 67th Street

**When:** 4pm

**Who:** Ages 4-8

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 734-1717

### **Monday, July 6 - Baby Lapsit at the Kips Bay Library**

Enjoy songs, stories, nursery rhymes and finger plays at this story time for babies and their parents/caregivers.

**Where:** Kips Bay Library, Third Avenue at 31st Street

**When:** 11am

**Who:** Birth to 18 months

**How:** Pre-registration required. Call (212) 683-2520 to reserve your spot.

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 683-2520

### **Tuesday, July 7 - Toddler Story Time at the Yorkville Library**

Visit the Yorkville Library for a Toddler Story Time featuring interactive stories, action songs and finger play.

**Where:** Yorkville Library, 222 E. 79th Street

**When:** 10:30am

**Who:** 18 months to 3 years

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 744-5824

### **Tuesday, July 7 - "Harry Potter and the Deathly Hallows" Celebration at the Scholastic Store**

Visit the Scholastic Store to celebrate the arrival of the paperback edition of "Harry Potter and the Deathly Hallows". Kids will enjoy wizardly trivia, Sorting Hat fun and great giveaways. Get a free poster with your purchase, and enter a raffle to win a trunk filled with hardcover copies of books 1-7 or a Harry Potter print signed by Mary Grand Pre. Get your copy while supplies last!

**Where:** The Scholastic Store, 557 Broadway between Prince and Spring Streets

**When:** 10am-6pm

**Who:** Ages 6 and up

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.scholastic.com](http://www.scholastic.com) or (212) 343-6166

### **Tuesday, July 7 - Word for Word Storytime in Bryant Park**

Leap out of bed and hop on down as Flaubert Frog and talented storytellers from the New York Public Library present classic stories, interactive tales, lively songs and rhymes under the trees.

**Where:** Bryant Park Reading Room, 42nd Street between 5th and 6th Avenues

**When:** 10:30am-11:30am

**Who:** Everyone

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.bryantpark.org](http://www.bryantpark.org)

### **Tuesday, July 7 - Sandbox Sing Along with Moey's Music Party**

Join Central Park's Sandbox Music Programs for a Moey's Music Party concert! Moey (aka off-Broadway award-winning songwriter Melissa Levis) is the "Pied Piper in Pink" as she spreads free music throughout the playgrounds of Central Park. Kids and their caregivers shake pompoms with Moey and her lively band of drums, banjo and guitar as they sing "Wheels on the Bus" as well as hits like "Pierre Wouldn't Wash His Hair" and "Sushi Symphony". Bring your dancing shoes and get ready to rock!

**Where:** Central Park, E. 100th Street Robert Bendheim

Playground

**When:** 11am-12pm

**Who:** Ages 3-8

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.centralparknyc.org](http://www.centralparknyc.org) or (212) 860-1370

### **Tuesday, July 7 - Rebecca Crafts and Activities at American Girl**

Girls can make the crafts Rebecca Rubin would have loved! At this free event, girls can create three crafts inspired by the stories of American Girl's newest historical character: a charity box, a photo frame and a carousel horse. Bring your camera to take your girl's photo in front of an illustrated backdrop featuring Rebecca!

**Where:** American Girl Place, 609 Fifth Avenue at 49th Street

**When:** 4pm-5:30pm

**Who:** Ages 8 and up

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.americangirl.com](http://www.americangirl.com) or (877) 247-5223

### **Tuesday, July 7 - American Girl Dinner and Harbor Cruise**

Enjoy an enchanting night with your girl in New York City! Your experience will include a delicious dinner at the American Girl Cafe, including an introduction to American Girl's newest historical character. You'll also enjoy a private cruise aboard the NYC Waterway Ferry, where you'll see the city's sparkling skyline and the majestic Statue of Liberty.

**Where:** American Girl Place, 609 Fifth Avenue at 49th Street

**When:** 5:30pm

**Who:** Ages 6 and up

**How:** Pre-registration required. Call (877) 247-5223 to reserve your spot.

**Cost of event:** \$75 per person (gratuity not included)

**For more info:** [www.americangirl.com](http://www.americangirl.com) or (877) 247-5223

### **Tuesday, July 7 - Reading Aloud at the Webster Branch Library**

Visit the Webster Branch Library for a Reading Aloud program.

**Where:** Webster Branch Library, 1465 York Avenue at 78th Street

**When:** 4pm

**Who:** Ages 3-6

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 288-5049

### **Tuesday, July 7 - Hot Peas n' Butter at Madison Square Park**

Winners of the "Parents Choice Award" in 2006 and 2008, Hot Peas n' Butter can be seen daily on Nickelodeon and Nick Jr. and heard on Sirius and XM Satellite Radio. Their infectious grooves and multicultural songs will have the whole family dancing and singing along!

**Where:** Madison Square Park, 23rd Street at Madison Avenue

**When:** 10:30am

**Who:** Everyone

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.madisonsquarepark.org](http://www.madisonsquarepark.org) or (212) 538-1884

### **Tuesday, July 7 - Toddler Time Tuesdays at the Bronx Zoo**

Visit the Bronx Zoo for Toddler Time Tuesdays! Take a zippy tour of the zoo using a special Toddler Time Map. With the purchase of an adult limited admission ticket before 1pm, each parent and up to 2 children receive free admission to the Children's Zoo, where Wildlife Theater Players entertain. Children can also bring their teddies to

meet the zoo's brown bears, learn how to bark like sea lions and look way up high to meet giraffes. The Toddler Time Map features fun facts, sing-alongs and play tips from Fischer-Price to help families make the most of their visit.

**Where:** Bronx Zoo, 2300 Southern Boulevard

**When:** 10am-5pm (note that in order to receive the free admission to the Children's Zoo, the adult limited admission ticket must be purchased by 1pm)

**Who:** Toddlers and their parents/caregivers

**How:** Just show up!

**Cost of event:** \$15 for adults, \$11 for kids ages 3-12). Free for kids under 2.

**For more info:** [www.bronxzoo.com](http://www.bronxzoo.com)

### **Tuesday, July 7 - Start with Art at the Metropolitan Museum of Art**

Kids ages 3-7 and their adult companions have fun at the Met through storytelling, sketching and other ways of exploring art.

**Where:** Metropolitan Museum of Art, 1000 Fifth Avenue at 82nd Street. Meet in the Carson Family Hall in the Uris Center for Education on the ground floor.

**When:** 2:30pm-3:30pm

**Who:** Ages 3-7

**How:** Just show up!

**Cost of event:** Free w/Museum admission

**For more info:** [www.metmuseum.org](http://www.metmuseum.org)

### **Tuesday, July 7 - Reading Aloud at the Kips Bay Library**

Visit the Kips Bay Library for a Reading Aloud program.

**Where:** Kips Bay Library, 446 Third Avenue

**When:** 2:30pm

**Who:** Ages 3-8

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 683-2520

### **Tuesday, July 7 - Reading Aloud for Babies at the Epiphany Branch Library**

Visit the Epiphany Branch Library for a Reading Aloud program especially for babies.

**Where:** Epiphany Branch Library, 228 E. 23rd Street

**When:** 11am

**Who:** Birth to 36 months

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 679-2645

### **Tuesday, July 7 - Fitnotic Pre/Postnatal Cardio Kickboxing in Central Park**

Join Fitnotic for a pre/postnatal cardio kickboxing class in Central Park that will help shed calories and tone your entire body! With modifications for pregnant participants (no jumping, spinning or hopping), there's no reason expectant mommies can't also enjoy this class! Feel free to bring baby along, as long as you are comfortable leaving him/her in a stroller or on a blanket and tending to your little one as needed. Older children (ages 7 and up) are also invited to participate at no extra charge. This class will take place weather permitting - in the event of rain, the class will be canceled.

**Where:** Enter Central Park from 5th Ave/60th St. Bear right and make 1st left (you'll see a sign for Wollman Rink). Class will meet on the walkway between the 2 lawns in front of the pond.

**When:** 6pm

**Who:** All new and expectant moms, as well as babies in strollers or on blankets and kids ages 7 and up

**How:** Pre-registration required. RSVP to [sheryl@fitnotic.com](mailto:sheryl@fitnotic.com) to reserve your spot.

**Cost of event:** \$20

**For more info:** [www.fitnotic.com](http://www.fitnotic.com)

### **Tuesday, July 7 - Joy Behar at Barnes & Noble 86th Street**

Daytime tv dynamo Joy Behar will sign copies of her latest children's book, "Sheetzucacapoo: Max Goes to the Dogs". In this follow up to her 2007 bestseller "My Kind of Dog", Max is off to doggy day care!

**Where:** Barnes & Noble, 150 E. 86th Street at Lexington Avenue

**When:** 4pm

**Who:** Ages 6-9

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.barnesandnoble.com](http://www.barnesandnoble.com) or (212) 369-2180

### **Wednesday, July 8 - Sandbox Music with Central Park Brass**

Central Park Brass, one of NYC's premier brass quintets, performs a highly interactive and fun show to stimulate your child's mind and spirits. Children are invited to clap, sing and march along, and even get the chance to play percussion instruments.

**Where:** Central Park, E. 96th Street Playground

**When:** 11am-12pm

**Who:** Ages 3-8

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.centralparknyc.org](http://www.centralparknyc.org) or (212) 860-1370

### **Wednesday, July 8 - American Girl at Radio City: Stage Door Tour**

Get a behind-the-scenes look at Radio City Music Hall, where the biggest names in show business have taken stage. You'll learn the secrets of the Great Stage and meet a member of Radio City's famed dancing company - the Rockettes! Includes lunch in the American Girl Cafe.

**Where:** American Girl Place, 609 Fifth Avenue at 49th Street

**When:** 11am and 1:15pm

**Who:** Ages 8 and up

**How:** Pre-registration required. Call (877) 247-5223 to reserve your spot.

**Cost of event:** \$45 per person

**For more info:** [www.americangirl.com](http://www.americangirl.com) or (877) 247-5223

### **Wednesday, July 8 - Reading Aloud at the Epiphany Branch Library**

Visit the Epiphany Branch Library for a Reading Aloud program.

**Where:** Epiphany Branch Library, 228 E. 23rd Street

**When:** 3pm

**Who:** Ages 4-7

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 679-2645

### **Wednesday, July 8 - Wee-Arts at the Children's Museum of the Arts**

The Children's Museum of the Arts' Wee-Arts program offers an intimate and stimulating environment for children ages 10 months to 3 1/2 years to explore and create art. This popular program develops a young child's familiarity with art-making materials, including playdough, paints, glue and a variety of drawing tools. Wee-Arts encourages the process of experimentation, exploration and creative thinking. Music and story time with singing and drumming concludes each session.

**Where:** Children's Museum of the Arts, 182 Lafayette Street between Broome and Grand

**When:** Every Wednesday, Thursday and Friday from 10:45am-12pm

**Who:** Ages 10 months to 3 1/2 years

**How:** Just show up!

**Cost of event:** \$22 per family (group of 3)

**For more info:** [www.cmany.org](http://www.cmany.org) or (212) 274-0986

### **Wednesday, July 8 - Story Time Yoga with Karma Kids**

## Yoga

Story time comes alive with puppets and yoga poses!

**Where:** Karma Kids Yoga, 104 W. 14th Street between 6th Avenue and 7th Avenue

**When:** 11:30am

**Who:** Kids up to age 6

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.karmakidsyoga.com](http://www.karmakidsyoga.com) (646) 638-1444

### **Wednesday, July 8 - Ocean Themed Finger Puppets at the Children's Museum of the Arts**

In this CMA program, kids will create finger puppets out of paper and fabric using sea creatures as a theme. They can also paint a background for their puppet show at the paint table.

**Where:** Children's Museum of the Arts, 182 Lafayette Street

**When:** 12pm-5pm

**Who:** Ages 4 and up

**How:** Just show up!

**Cost of event:** Free w/Museum admission

**For more info:** [www.cmany.org](http://www.cmany.org) or (212) 274-0986

### **Wednesday, July 8 - Free Trial Mom & Baby Yoga Class at Karma Kids Yoga**

Join Karma Kids Yoga for a free Mom & Baby Yoga class, during which you can get back in shape while also bonding with your baby! Experience flowing asanas, challenging postures and calming restorative time in a playful and safe environment for your baby. Learn Baby Yoga exercises to strengthen growing muscles, aid in digestion, promote better sleeping patterns and help your baby in achieving his or her next stages of development.

**Where:** Karma Kids Yoga, 104 W. 14th Street between 6th and 7th Avenues

**When:** 12:30pm-1:30pm

**Who:** All new moms and their babies

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.karmakidsyoga.com](http://www.karmakidsyoga.com)

### **Wednesday, July 8 - Just Drop In! Family Program at the Guggenheim**

Visit the Guggenheim Museum for a drop-in family program. You'll explore highlights of the exhibition "Frank Lloyd Wright: From Within Outward" through creative, interactive projects led by Museum educators.

**Where:** Solomon R. Guggenheim Museum, 1071 Fifth Avenue at 89th Street

**When:** 1pm-4pm

**Who:** Ages 3-10

**How:** Just show up!

**Cost of event:** Free w/Museum admission

**For more info:** [www.guggenheim.org](http://www.guggenheim.org) or (212) 423-3587

### **Wednesday, July 8 - Story Time at the Metropolitan Museum of Art**

Enjoy stories selected from the children's book collection in the Metropolitan Museum of Art's Nolen Library.

**Where:** Metropolitan Museum of Art, 1000 Fifth Avenue at 82nd Street. Story time takes place in the Children's Reading Room in the Museum's Nolen Library.

**When:** 11:30am-12pm

**Who:** Stories are geared to kids ages 4-7, but all ages welcome

**How:** Just show up!

**Cost of event:** Free w/Museum admission

**For more info:** [www.metmuseum.org](http://www.metmuseum.org) or (212) 535-7710

### **Wednesday, July 8 - Meet the Authors of "When Royals Wore Ruffles" at Barnes & Noble 86th Street**

Authors Pamela Jaber & Chelsea McLaren will be on hand to sign copies of their book "When Royals Wore Ruffles", a hilarious and oh-so-fascinating trip through fashion history in which a little girl goes back in time and meets a cast of

characters wearing the latest trends.

**Where:** Barnes & Noble, 150 E. 86th Street at Lexington Avenue  
**When:** 10am  
**Who:** Ages 3 and up  
**How:** Just show up!  
**Cost of event:** Free  
**For more info:** [www.barnesandnoble.com](http://www.barnesandnoble.com) or (212) 369-2180

#### **Thursday, July 9 - Reading Aloud at the Yorkville Library**

Visit the Yorkville Library for a Reading Aloud program.

**Where:** Yorkville Library, 222 E. 79th Street  
**When:** 3pm  
**Who:** Ages 3 and up  
**How:** Just show up!  
**Cost of event:** Free  
**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 744-5824

#### **Thursday, July 9 - Gaming Program at the Epiphany Branch Library**

Visit the Epiphany Branch Library for a Gaming program during which kids ages 4-10 can play their favorite Xbox, PS3 and Wii games.

**Where:** Epiphany Branch Library, 228 E. 23rd Street  
**When:** 2pm  
**Who:** Ages 4-10  
**How:** Just show up!  
**Cost of event:** Free  
**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 679-2645

#### **Thursday, July 9 - Big City Moms Rockin' with Andy**

Join Big City Moms and Rockin with Andy for 45 minutes of singing, candy and fun!

**Where:** Dylan's Candy Bar, 1011 Third Avenue at 60th Street  
**When:** 12:30pm  
**Who:** Everyone  
**How:** Pre-registration suggested. Register online at [www.bigcitymoms.com](http://www.bigcitymoms.com) or RSVP to [events@bigcitymoms.com](mailto:events@bigcitymoms.com) to reserve your spot.  
**Cost of event:** \$30 in advance, \$40 at the door  
**For more info:** [www.bigcitymoms.com](http://www.bigcitymoms.com)

#### **Thursday, July 9 - Story Time at Giggle**

Join the folks at Giggle for an afternoon of storytelling. It's a fun way to develop your child's imagination and foster a love of reading!

**Where:** Both Manhattan Giggle locations! Giggle Upper East is located at 1033 Lexington Avenue at 74th Street. Giggle Soho is located at 120 Wooster Street between Prince and Spring.  
**When:** 4pm  
**Who:** Newborns to 4 years old  
**How:** Just show up!  
**Cost of event:** Free  
**For more info:** [www.giggle.com](http://www.giggle.com) or call (212) 249-4249 for Upper East and (212) 334-5817 for Soho

#### **Thursday, July 9 - Story Time at Strand Books**

Hear the legendary Strand Book Store's staff members read from their favorite children's books at this story time for all ages.

**Where:** Strand Book Store, 828 Broadway at 12th Street  
**When:** 3:30pm  
**Who:** Everyone  
**How:** Just show up!  
**Cost of event:** Free  
**For more info:** [www.strandbooks.com](http://www.strandbooks.com) or (212) 473-1452

#### **Thursday, July 9 - "Tales for the Teeny Tiny" at the Children's Center at 42nd Street**

Visit the NYPL's Children's Center at 42nd Street for a Tales

for the Teeny Tiny program presented by Getchie Argetsinger.

**Where:** Children's Center at 42nd Street Library, Fifth Avenue at 42nd Street, Room 84

**When:** 2pm

**Who:** Ages 18 months to 3 years

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 621-0208

#### **Thursday, July 9 - Ernie & Neal at Madison Square Park**

Not your average kids band, Ernie & Neal's energy and enthusiasm know no bounds. The entire family should be prepared to ROCK, sing, ROCK, dance and did we mention ROCK?

**Where:** Madison Square Park, Madison Avenue at 23rd Street

**When:** 10:30am

**Who:** Everyone

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.madisonsquarepark.org](http://www.madisonsquarepark.org) or (212) 538-1884

#### **Thursday, July 9 - Start with Art at the Metropolitan Museum of Art**

Kids ages 3-7 and their caregivers have fun at the Met through storytelling, sketching and other ways of exploring art.

**Where:** Metropolitan Museum of Art, 1000 Fifth Avenue at 82nd Street. Meet in the Carson Family Hall at the Uris Center for Education on the ground floor.

**When:** 2:30pm-3:30pm

**Who:** Ages 3-7 with parent/caregiver

**How:** Just show up!

**Cost of event:** Free w/Museum admission

**For more info:** [www.metmuseum.org](http://www.metmuseum.org)

#### **Thursday, July 9 - Reading Aloud at the Kips Bay Library**

Visit the Kips Bay Library for a Reading Aloud program.

**Where:** 446 3rd Avenue at 31st Street

**When:** 2:30pm

**Who:** Ages 3-8

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 683-2520

#### **Thursday, July 9 - Reading Aloud at the 67th Street Library**

Visit the 67th Street Library for a Reading Aloud program.

**Where:** 67th Street Library, 328 E. 67th Street

**When:** 4pm

**Who:** Ages 3-7

**How:** Just show up!

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 734-1717

#### **Thursday, July 9 - Kids in the Square: Princess Katie & Racer Steve at Union Square Park**

Visit Union Square Park for a Princess Katie & Racer Steve concert!

**Where:** Union Square Park

**When:** 12pm-1pm

**Who:** Everyone

**How:** Just show up!

**Cost of event:** Free

**For more info:**

<http://www.unionsquarenyc.org/SummerintheSquare.htm>

#### **Thursday, July 9 - Alphabet Collage at the Children's Museum of the Arts**

Using letters as forms, kids will create a collage celebrating their favorite letter or turn the letters into an artful poem

or sentence.

**Where:** Children's Museum of the Arts, 182 Lafayette Street  
**When:** 12pm-5pm  
**Who:** Ages 4 and up  
**How:** Just show up!  
**Cost of event:** Free w/Museum admission  
**For more info:** [www.cmany.org](http://www.cmany.org) or (212) 274-0986

**Thursday, July 9 - Wee-Arts at the Children's Museum of the Arts**

The Children's Museum of the Arts' Wee-Arts program offers an intimate and stimulating environment for children ages 10 months to 3 1/2 years to explore and create art. This popular program develops a young child's familiarity with art-making materials, including playdough, paints, glue and a variety of drawing tools. Wee-Arts encourages the process of experimentation, exploration and creative thinking. Music and story time with singing and drumming concludes each session.

**Where:** Children's Museum of the Arts, 182 Lafayette Street  
**When:** 10:45am-12pm  
**Who:** Ages 10 months to 3 1/2 years  
**How:** Just show up!  
**Cost of event:** \$22 per family (group of 3)  
**For more info:** [www.cmany.org](http://www.cmany.org) or (212) 274-0986

**Thursday, July 9 - Baby Bites Luncheon on Enhancing Early Language Development**

Join Baby Bites for a delicious luncheon and discussion of the best ways to enhance your baby's early language development.

**Where:** Johnny Foxes, 1546 2nd Avenue between 80th and 81st Streets  
**When:** 12pm-2:15pm  
**Who:** All new moms and their babies  
**How:** Pre-registration suggested. Register online at [www.babybitesnyc.com](http://www.babybitesnyc.com) or RSVP to [ronni@babybitesnyc.com](mailto:ronni@babybitesnyc.com).  
**Cost of event:** \$30 in advance, \$35 at the door  
**For more info:** [www.babybitesnyc.com](http://www.babybitesnyc.com)

**Thursday, July 9 - Broadway in Bryant Park: "Phantom of the Opera", "Stomp", "Avenue Q" and "In the Heights"**

Broadway comes to Bryant Park as the stars of "Phantom of the Opera", "Avenue Q", "Stomp" and "In the Heights" perform their biggest hits.

**Where:** Bryant Park  
**When:** 12:30pm-1:30pm  
**Who:** Everyone  
**How:** Just show up!  
**Cost of event:** Free  
**For more info:** [www.bryantpark.org](http://www.bryantpark.org)

**Thursday, July 9 - Start with Art Plus at the Metropolitan Museum of Art**

Kids ages 3-7 and their adult companions have fun at the Met through storytelling, sketching and other ways of exploring art. Start with Art Plus includes art making in a classroom.

**Where:** Metropolitan Museum of Art, 1000 Fifth Avenue at 82nd Street  
**When:** 2:30pm-3:30pm  
**Who:** Ages 3-7  
**How:** Just show up!  
**Cost of event:** Free w/Museum admission  
**For more info:** [www.metmuseum.org](http://www.metmuseum.org) or (212) 535-7710

**Plan Ahead:**

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*July 10th through August 10th*

**Friday, July 10 - Big City Moms Luncheon: Work/Life Balance**

Join Big City Moms and professional coach Jennifer Bezoza

for a luncheon and discussion of balancing work and motherhood.

**Where:** Dylan's Candy Bar, 1011 Third Avenue at 60th Street

**When:** 11:15am

**Who:** All new moms and their babies

**How:** Pre-registration suggested. Register online at [www.bigcitymoms.com](http://www.bigcitymoms.com) or RSVP to [lunch@bigcitymoms.com](mailto:lunch@bigcitymoms.com).

**Cost of event:** \$35 in advance, \$40 at the door

**For more info:** [www.bigcitymoms.com](http://www.bigcitymoms.com)

### **Friday, July 10 - "Make Art with Michael Albert" at the Kips Bay Library**

Michael Albert is the author of "An Artist's America", a picture book retrospective of his art collection. Mr. Albert will talk about his new book and his art and will teach children his trademark style of art, "Cerealism", a technique of collage work made from cereal boxes.

**Where:** Kips Bay Library, 446 Third Avenue

**When:** 3:30pm

**Who:** Ages 5-12

**How:** Pre-registration required. Call (212) 683-2520 to reserve your spot.

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 683-2520

### **Friday, July 10 - Wee-Arts at the Children's Museum of the Arts**

The Children's Museum of the Art's Wee-Arts program offers an intimate and stimulating environment for children ages 10 months to 3 1/2 years to experience art making. This popular program develops a young child's familiarity with art making materials including playdough, paints, glue and a variety of drawing tools. Wee-Arts encourages the process of exploration, experimentation and creative thinking. Music and story time with singing and drumming end each session.

**Where:** Children's Museum of the Arts, 182 Lafayette Street between Broome and Grand Streets

**When:** 10:45am-12pm

**Who:** Ages 10 months to 3 1/2 years

**How:** Just show up!

**Cost of event:** \$22 per family (group of 3)

**For more info:** [www.cmany.org](http://www.cmany.org) (212) 274-0986

### **Friday, July 10 - Fitnotic Pre/Postnatal Belly Dance Class at Yummy Mummy**

Join Fitnotic for a pre/postnatal belly dance class that will provide you with a fantastic cardiovascular workout, tone your muscles and strengthen your abs and pelvic floor. This class is especially enjoyable for pregnant women, who find that the exercises tend to ease tightness in the hips, pelvis and lower back. Busy moms struggling to fit exercise into their schedule also will appreciate the effective and enjoyable total body workout. There will be no mirrors, no judgments and no prior dance experience required! Come ready to have a great time and shimmy away the stress of the week!

**Where:** Yummy Mummy, 1201 Lexington Avenue between 81st and 82nd Streets

**When:** 6pm

**Who:** All new and expectant moms

**How:** Pre-registration required. RSVP to [sheryl@fitnotic.com](mailto:sheryl@fitnotic.com) to reserve your spot.

**Cost of event:** \$20

**For more info:** [www.fitnotic.com](http://www.fitnotic.com)

### **Friday, July 10 - Sandbox Stories with Dan Kitrosser**

Central Park's Sandbox Stories program features Dan Kitrosser, an energetic performer who exploded onto the storytelling stage in Central Park 2 years ago. Come hear stories about goblins and shoemakers, witches and princesses, fools and people with back problems in your favorite Central Park playgrounds. Hilarious and poignant, vivacious and inspiring, the world comes to life with Dan's

**Where:** Central Park's E. 67th Street Billy Johnson Playground  
**When:** 2pm-3pm  
**Who:** Ages 3-8  
**How:** Just show up!  
**Cost of event:** Free  
**For more info:** [www.centralparknyc.org](http://www.centralparknyc.org) or (212) 860-1370

### **Saturday, July 11 - Fitnotic Baby Boot Camp in Central Park**

Fitnotic Baby Boot Camp is appropriate for moms (with or without their babies) and expectant moms alike. This hour-long class will combine a cardio workout with exercises targeting each major muscle group. Bring your baby and involve him/her in the workout as well - just be sure to bring a blanket/carrier/sling/stroller and a yoga mat for yourself! This class will be held weather permitting - in the event of rain, the class will be canceled.

**Where:** Central Park near the East Green. Enter park at 5th Avenue and 69th Street and meet by the flagpole.  
**When:** 10:15am  
**Who:** All new and expectant moms (babies also welcome)  
**How:** Pre-registration required. RSVP to [sheryl@fitnotic.com](mailto:sheryl@fitnotic.com) to reserve your spot.  
**Cost of event:** \$20  
**For more info:** [www.fitnotic.com](http://www.fitnotic.com)

### **Saturday, July 11 - The Recess Monkeys at the Children's Center at 42nd Street**

Come rock out with Seattle's greatest musicians and discover why the Recess Monkeys have the world going ape for their music.

**Where:** NYPL's Children's Center at 42nd Street, Fifth Avenue at 42nd Street, Room 84  
**When:** 3pm  
**Who:** Everyone  
**How:** Just show up!  
**Cost of event:** Free  
**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 621-0208

### **Saturday, July 11 - "Dora the Explorer" and "Go, Diego, Go!" Double Feature at the Sony Wonder Technology Lab**

In "Dora the Explorer: Pablo's Flute", when young Pablo loses his magic flute, a terrible drought hits his family's farm. Dora and Boots find Pablo's flute, and hurry off to return it to him on his mountain. In "Go, Diego, Go! Rainforest Race", animals come from all over to compete in a rainforest race, including a puma team, a howler monkey team and a spectacle bear team. A cute little armadillo also comes along and wants to race but she doesn't have a team. Diego decides to help and joins the armadillo's team. Can Diego and the armadillo win? Run time: 45 minutes.

**Where:** Sony Wonder Technology Lab, 56th Street and Madison Avenue  
**When:** 12pm  
**Who:** Ages 2 and up  
**How:** Pre-registration required. Call (212) 833-7858 to reserve your spot.  
**Cost of event:** Free  
**For more info:** [www.sonywondertechlab.com](http://www.sonywondertechlab.com) or (212) 833-8100

### **Saturday, July 11 - Trash Towers at the Skyscraper Museum**

People recycle bottles, paper and clothing all the time. But did you know that buildings are recycled too? Come learn how builders reduce waste by reusing materials from older buildings to create new ones. Kids will make their own "Trash Towers" from recycled materials that they can tear down and rebuild again and again.

**Where:** The Skyscraper Museum, 39 Battery Place  
**When:** 10:30am-11:30am

**Who:** Ages 5 and up

**How:** Pre-registration required. Call (212) 968-1961 to reserve your spot.

**Cost of event:** \$5 suggested donation per child

**For more info:** [www.skyscraper.org](http://www.skyscraper.org) or (212) 968-1961

### **Saturday, July 11 through Sunday, July 12 - "A Room of One's Own" at MoMA**

Look closely at modern masterpieces and cutting-edge contemporary art in MoMA's "A Closer Look for Kids" program. Families explore the artwork of MoMA's collection and temporary exhibitions through lively discussions in the Museum's galleries. Each month, a new theme is introduced. July's theme will be "A Room of One's Own".

**Where:** Programs begin at the Lewis B. and Dorothy Cullman Education and Research Building, located at 4 West 54th Street (closer to 5th Avenue).

**When:** This program occurs on Saturday July 11th at 10:20am and will be repeated on Sunday July 12th at 10:20am.

**Who:** Ages 5-10 and parents/caregivers

**How:** Admission is first-come, first-served. Tickets will be distributed at the Education & Research Building's reception desk beginning at 10am the morning of the program.

**Cost of event:** Free for individual families of up to 2 adults and 3 children

**For more info:** [www.moma.org](http://www.moma.org) or (212) 708-9400

### **Saturday, July 11 through Sunday, July 12 - Tours for Fours at MoMA presents: "Stop, Look and Listen!"**

Spend the morning at MoMA and see the world through the eyes of a four-year-old! In this program specially designed for four-year-old visitors and their parents/caregivers, you'll look, listen and share ideas as you explore the world of modern and contemporary art. Interactive gallery activities and discussions give everyone the chance to participate. Each month, a new theme is introduced. July's theme will be "Stop, Look and Listen!"

**Where:** Programs begin in the Lewis B. and Dorothy Cullman Education and Research Building, located at 4 W. 54th Street (closer to 5th Avenue).

**When:** This program occurs on Saturday July 11th at 10:20am and will be repeated on Sunday July 12th at 10:20am.

**Who:** Four-year-olds and their parents/caregivers.

Children must be 4 years old to attend. Siblings will be allowed to accompany the group, but the participating child must be 4 years old.

**How:** Admission is first-come, first-served. Tickets are distributed at the Education & Research Building reception desk beginning at 10am the morning of the program.

**Cost of event:** Free for individual families of up to 2 adults and 3 children.

**For more info:** [www.moma.org](http://www.moma.org) or (212) 708-9400

### **Sunday, July 12 - Architecture Tour & Workshop at the Guggenheim Museum**

Bring your family to the Guggenheim for a very special free gallery tour and art workshop inspired by Frank Lloyd Wright's architectural projects.

**Where:** The Solomon R. Guggenheim Museum, 1071 Fifth Avenue at 89th Street

**When:** 10:30am

**Who:** Ages 5-12

**How:** Pre-registration required. Call (212) 423-3587 to reserve your spot.

**Cost of event:** Free for up to 2 adults and 4 children. Additional participants \$5 per person.

**For more info:** [www.guggenheim.org](http://www.guggenheim.org) or (212) 423-3587

### **Sunday, July 12 - Japan's Star Festival: Tanabata at the Japan Society**

A child-friendly theatrical performance introduces Japan's famous Tanabata legends (Hikoboshi and Orihime) in an interactive setting with songs and dance by performers from Theatre Arts Japan - KIDS. Afterwards, participants

will make paper ornaments and their own traditional tanzaku, thin paper strips for writing wishes and to hang on bamboo branches.

**Where:** Japan Society, 333 E. 47th Street

**When:** 2pm-4pm

**Who:** Ages 3-10

**How:** Pre-registration suggested. Call (212) 715-1258 to purchase your tickets in advance.

**Cost of event:** \$15 per family (up to 5 people)

**For more info:** [www.japansociety.org](http://www.japansociety.org) or (212) 832-1155

**Monday, July 13 through Friday, July 17 -  
Neighborhood History Camp at the Mount Vernon  
Hotel Museum & Garden**

Looking for a fun and unique camp experience for your kid? Give him or her an unforgettable experience with Mount Vernon Hotel Museum & Garden's Neighborhood History Camp, a week-long summer day camp that explores the Museum and the history of New York City. The Museum's landmark Manhattan building serves as the focal point for hands-on, fun-filled, history-centered activities that include 19th century craft projects, games, architectural tours and field trips. The camp is led by experienced professional counselors and takes place in the Museum's historic building, its beautiful surrounding gardens and adjacent air-conditioned auditorium.

**Where:** Mount Vernon Hotel Museum & Garden, 421 E. 61st Street between 1st and York Avenues

**When:** 8:30am-3pm

**Who:** Ages 9-12

**How:** Pre-registration required. Call (212) 838-6878 to reserve your spot.

**Cost of event:** \$225 for the week-long session

**For more info:** [www.mvhm.org](http://www.mvhm.org) or (212) 838-6878

**Tuesday, July 14 - Baby Bites Seminar on Creating a  
Healthy Mealtime Experience**

Join Baby Bites and toddler development expert Tovah Klein for a discussion of the often-stressful event of mealtime! Tovah will give you tips on how to create routines for healthy eating, how to help your child become an independent eater, make meal time a social time and, most importantly, how to eliminate food battles at the dinner table!

**Where:** Yummy Mummy, 1201 Lexington Avenue between 81st & 82nd Streets

**When:** 6:30pm-7:30pm

**Who:** All parents

**How:** Pre-registration suggested. Register online at [www.babybitesnyc.com](http://www.babybitesnyc.com) or RSVP to [events@babybitesnyc.com](mailto:events@babybitesnyc.com) to reserve your spot.

**Cost of event:** \$30 in advance, \$40 at the door

**For more info:** [www.babybitesnyc.com](http://www.babybitesnyc.com)

**Tuesday, July 14 - The Pregnant New Yorker  
Alternative Health Event**

Join The Pregnant New Yorker for an Alternative Health event! Midwife Cara Mulhanhn, featured in "The Business of Being Born" will be on hand to answer all of your questions. Learn what a doula is, about gyrotonics, how to eat healthy, easy and economical ways to green your home for baby's arrival and how acupuncture, massage and physical therapy can assist you during your pregnancy. You'll also have the opportunity to check out some great products for mom and baby!

**Where:** Kinespirit, 40 E. 23rd Street between Park and Madison

**When:** 6:30pm-9pm

**Who:** All expectant moms

**How:** Pre-registration required. Register online at [www.thepregnantnewyorker.com](http://www.thepregnantnewyorker.com)

**Cost of event:** \$10 per person

**For more info:** [www.thepregnantnewyorker.com](http://www.thepregnantnewyorker.com)

**Wednesday, July 15 - Toddler Time at the Kips Bay  
Library**

Visit the Kips Bay Library for a Toddler Time program featuring interactive stories, action songs and finger plays.

**Where:** Kips Bay Library, 446 Third Avenue

**When:** 11am

**Who:** Ages 18 months to 3 years

**How:** Pre-registration required. Call (212) 683-2520 to reserve your spot.

**Cost of event:** Free

**For more info:** [www.nypl.org](http://www.nypl.org) or (212) 683-2520

### **Wednesday, July 15 - Baby Bites New York Kids Club Sample Class**

Join Baby Bites for a sample gym class at New York Kids Club. Enthusiastic, nurturing and well-trained instructors will engage your child in innovative and developmentally appropriate exercises utilizing gym equipment, puppets and props.

**Where:** New York Kids Club, 38 E. 22nd Street between Park Avenue South & Broadway

**When:** 2:15pm-3pm

**Who:** Moms and their babies ages 3-15 months

**How:** Pre-registration suggested. Register online at [www.babybitesnyc.com](http://www.babybitesnyc.com) or RSVP to [ronni@babybitesnyc.com](mailto:ronni@babybitesnyc.com).

**Cost of event:** \$20 in advance, \$30 at the door

**For more info:** [www.babybitesnyc.com](http://www.babybitesnyc.com)

### **Thursday, July 16 - Baby Bites Seminar for Expectant Parents: What to Expect the First Month with Baby**

Join Baby Bites for a comprehensive seminar for expectant moms and dads. You'll learn what to expect the day you get home from the hospital with your baby, as well as what to expect the first week and month you're home with your little one.

**Where:** Destination Maternity, corner of 57th Street and Madison Avenue

**When:** 5:30pm-6:30pm

**Who:** All expectant parents

**How:** Pre-registration suggested. Register online at [www.babybitesnyc.com](http://www.babybitesnyc.com) or RSVP to [events@babybitesnyc.com](mailto:events@babybitesnyc.com).

**Cost of event:** \$30 per individual, \$50 per couple

**For more info:** [www.babybitesnyc.com](http://www.babybitesnyc.com)

### **Friday, July 17 - Whitney Museum Stroller Tour**

Imagine having the Whitney Museum of American Art to yourself, and being able to bring your baby along! Your tot's fussing and crying won't bother anyone as you get a private tour of the Whitney's exhibition "Dan Graham: Beyond". Remember, crying babies are welcome!

**Where:** Whitney Museum of American Art, 945 Madison Avenue at 75th Street

**When:** 12pm-1pm

**Who:** Parents and their babies age 0-18 months

**How:** Pre-registration required. Register online at [www.whitney.org](http://www.whitney.org) or call (212) 570-3676 to reserve your spot.

**Cost of event:** \$25 per adult

**For more info:** [www.whitney.org](http://www.whitney.org) or (212) 570-3676

### **Tuesday, July 21 - Date with Dad at American Girl Place**

Spend the evening with Dad at American Girl Place!

Together you'll enjoy fun father/daughter activities and a delicious meal. Your day includes a commemorative photo and special keepsakes to take home as a reminder of the memories made during your special night.

**Where:** American Girl Place, 609 Fifth Avenue at 49th Street

**When:** 5:30pm

**Who:** Ages 6 and up

**How:** Pre-registration required. Call (877) 247-5223 to reserve your spot.

**Cost of event:** \$54 per person

**For more info:** [www.americangirl.com](http://www.americangirl.com) or (877) 247-5223

**Saturday, July 25 - "A Taste of Summer" Cooking Class with Cupcake Kids**

Join Cupcake Kids for "A Taste of Summer" cooking class! Kids will whip up a scrumptious summer feast made with the freshest produce straight from the Farmer's Market. Dishes will include a corn and black bean medley and an ooey-goey warm berry crumble for dessert.

**Where:** Inn on 23rd Street, 131 W. 23rd Street

**When:** 10am-11:15am

**Who:** Ages 3-8

**How:** Pre-registration required. Register online at [www.cupcakekids.com](http://www.cupcakekids.com) or call (646) 789-5554 to reserve your spot.

**Cost of event:** \$60 per child

**For more info:** [www.cupcakekids.com](http://www.cupcakekids.com) or (646) 789-5554

**Monday, August 10 - New York City History Tour with American Girl Place**

Spend a day with your girl in New York City! During this special event, girls will meet Rebecca Rubin, the newest American Girl historical character, and enjoy a special meal in the American Girl Cafe. They'll then take a private tour of the New York Tenement Museum, a national historic landmark on Manhattan's Lower East Side. Bus transportation will be provided.

**Where:** Meet at American Girl Place, 609 Fifth Avenue at 49th Street

**When:** Event will begin at 9:30am in the American Girl Cafe. The Museum tour will take place at 11:30am.

**Who:** Ages 8 and up

**How:** Pre-registration required. Call (877) 247-5223 to reserve your spot.

**Cost of event:** \$75 per person

**For more info:** [www.americangirl.com](http://www.americangirl.com) or (877) 247-5223

