

Soothing hand sanitizers

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[Rebecca Tung](#)

When you need to wash your hands but can't get to a sink, hand sanitizers are the answer. A new crop of all-natural sanitizers is loaded with skin-soothing essential oils. Our picks contain at least 60 percent alcohol—the amount recommended by the [Centers for Disease Control](#) to banish bacteria. Use only when soap and water aren't available—and only half a teaspoon to avoid irritating your skin, says [Rebecca Tung, M.D.](#), a dermatologist at the [Cleveland Clinic](#) in [Cleveland, Ohio](#).

FRAIS HAND SANITIZER is made with 66 percent sugarcane alcohol, which requires less energy to produce than the corn alcohol used in most sanitizers, and a blend of eight essential oils like ginger and tangerine that keep skin hydrated. It's also available in a 0.2 ounce size that's perfect for tucking into pockets and purses.

EO ORGANIC HAND SANITIZING sprays, gels, and wipes contain 62 percent organic, non-genetically modified corn alcohol and organically grown essential oils like lavender, eucalyptus, and peppermint. The easy to use, individually wrapped wipes and quick-drying spray are great for speedy cleanses and tidying up little kids.

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